

A Recipe From *tikkido*

Strawberries and Cream Popsicles

<https://tikkido.com/blog/strawberries-cream-popsicles>

Ingredients:

- 1/2 cup sugar
- 1 pound container of strawberries, hulled
- 1 cup lowfat milk
- 1/2 cup heavy whipping cream

Instructions:

1. Blend together the lowfat milk, strawberries, and sugar. Blend until the sugar is dissolved and the strawberries are well mixed in and pulverized.
2. Add cream and blend again, until the mixture thickens slightly, and looks frothy and bubbly.
3. Pour into popsicle molds and freeze overnight.

